

Director: Rod Commons

Assistants: Linda Chalich, Craig Lawson, Jason Krump, Jason Hickman, Ilsa Gramer

May 12, 2005

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## *Pac-10 Championships Ahead For Cougars*

**What's Happening This Week:** The 19th annual Pacific-10 Conference Championships is next up for the Washington State women's rowing team...the conference championships will be held Sunday, May 15, at the CSUS (California State University, Sacramento) Aquatic Center (Lake Natoma, Calif.).

**The Schedule:** Races begin at 8 a.m. with the first heat of the women's varsity four competition, and run through approximately 10:00 a.m. Afternoon finals begin at approximately 11:30 a.m.

**WSU Seedings/Schedule:** WSU's varsity four is seeded second and races in the second heat of the preliminaries at 8:10 a.m...the novice eight is seeded fifth and will race in the first preliminary heat at 8:40 a.m...the second varsity eight landed the third seed and goes off in the second preliminary heat at 9:10 a.m...the varsity eight is seeded sixth and will race in the second preliminary heat at 9:30 a.m...a complete schedule and seedings can be found at [pac-10.org](http://pac-10.org).

**The Competitors:** Eight Pacific-10 institutions will compete — California, Oregon, Oregon State, Stanford, UCLA, USC, Washington and Washington State.

**Scoring:** The Pac-10 Conference women's rowing champion is determined by the order of finish of the Pac-10 crews in the following events: Varsity eight, second varsity eight, novice eight and varsity four.

**Results:** Live scoring will be available on the Pac-10 website at [www.pac-10.org](http://www.pac-10.org) (click on "Rowing"). The direct link is [www.jamcotimes.com/2005/pacten/index.htm](http://www.jamcotimes.com/2005/pacten/index.htm).

**Tickets:** Admission is \$5 per person, per day. Parking is \$7 per event day and a free parking lot with shuttle service is also available. For more information about Lake Natoma and/or the event facility, please visit the Sacramento State University Aquatic Center website at [www.csusaquaticcenter.com](http://www.csusaquaticcenter.com).

### **Line-Ups For Pac-10s:**

**Varsity Eight:** Cox – Maryann Lundberg, Catherine Shirley, Adele Durfey, Jody Thomas, Laura Griffin, Kasia Bloch, Robyn Stephenson, Lina Brazinskaite, Emily Collins.

**Second Varsity Eight:** Cox – Kelly O'Brien, Sharon Finney, Amy Jo Hendershot, Willow English, Kim Behrends, Suzanne Vogt, Sarah Waterfield, Lori Maricle, Becca Gibson.

**Varsity Four:** Cox – Meghann Price, Jennifer Copeland, Carey Homan, Casey Long, Catherine Watt.

**Novice Eight:** Cox – Vanessa Serratore, Annie Rauchenstein, Heather Meyer, Marcie Logsdon, Lindsay Radford, Mallorie Olsen, Michelle Mindemann, Kristen Baunsgard, Brittany Cottrell.

**On Tap This Week:**  
Pac-10 Rowing Championships  
Sunday, May 15, 2005  
CSUS Aquatic Center  
Lake Natoma, Calif.  
Racing begins at 8 a.m.

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**Varsity Four (will compete in Pacific Coast Rowing Championships May 14):** Cox – Meghann Price, Jessica Bills, Michelle Morris, Angela Manson, Lexie Conley.

**National Collegiate Championships:** The ninth annual NCAA Women's Rowing Championships will be held May 27-29 at the CSUS Aquatic Center in Sacramento, Calif.

**Last Year At The Pac-10s:** Led by a second place finish from the second varsity eight crew, the Cougars finished third at the 2004 Pac-10 Championships at Lake Natoma...as a team, the Cougars amassed a total of 50 points, finishing behind only champion California (69) and second place Washington (62)...in the second varsity eight grand final, the Cougars clocked a time of 6:50.10 in the 2,000 meter race, just behind California, who captured the event with a time of 6:48.40...the varsity eight turned in a fifth place effort in its grand final while the varsity four and novice eight each finished fourth in their respective grand finals.

**Varsity Eight Ranked In National Poll:** The Cougars are ranked 19th in the May 11 US Rowing/Collegiate Rowing Coaches Association NCAA Division I Varsity Eight Coaches Poll...the Cougars are one of six Pac-10 teams in the poll...California (No. 2), Stanford (No. 10), Washington (No. 12), USC (No. 13), UCLA (No. 18) are also ranked...Princeton holds the No. 1 position in the poll.

**Cougars Rated In The West:** The NCAA Division I Women's Rowing Committee has ranked the Washington State varsity four crew second in the West in its May 10 poll...as a team, the Cougars are ranked fourth...WSU second varsity eight crew is third in the region while the varsity eight is ranked sixth.

**October In Boston:** For the first time in program history, WSU participated at the Head of the Charles in Boston, Mass. in October, the Cougar varsity eight raced against 38 other teams, including the US National Team, Brown, which finished first at the NCAA Championships in 2004 and Yale, which finished second at the NCAAs...out of the field of 39 crews that competed in the Championship eights, 14 squads finished ranked in the top 25 in the final 2004 Collegiate Rowing Coaches Association/US Rowing poll...the WSU varsity eight was ranked 17th in the poll that was released on May 19...at the race, the Cougars finished in the top half of the 42-boat field in the Championship eight race...WSU's crew finished the 2.5 mile course with a time of 12:55.849...the Cougs finished the race 17th overall and 14th out of all collegiate competitors.

**2003-04 Season Recap:** For a second consecutive year, the Cougars earned a team bid to the NCAAs...WSU earned its NCAA team bid following multiple strong finishes throughout the season, including a second place finish by the second varsity eight at the Pacific-10 Championships...WSU rounded out the season with a ninth place finish at the NCAAs, the highest team finish at the national championships in school history...the trip to NCAAs was highlighted by a third place finish by the second varsity eight crew...the second varsity eight was the first boat from Washington State to advance to a grand final at the NCAA Championships since the regatta's inception in 1997.

**Coaching Staff:** Jane LaRiviere is in her third season at the helm of the Cougars...in her first two years on the Palouse, LaRiviere led WSU to its first two team bids to the NCAAs in school history...LaRiviere is assisted by Janey Charlton and Mike Stahlman...Charlton is in her third year with the rowing program and is entering her first as the head coach for the novice squad...Stahlman is beginning his first season as assistant coach for the Cougars.